



## 2019/20 Important Competition Information

### About Competition

*Some positive aspects of competition include team spirit, understanding of commitment, camaraderie, and making friends. Participation in competition can provide a means to gauge one's progress in relation to other students of similar age in the dance style of interest, as well as give the student a path of growth and goals of achievement for which to strive. The process of rehearsal, coaching, improving technical proficiency, and artistic development represents the best aspects of competition. It must also be noted that dance competition is completely subjective, based on the judge's own background, experience, culture and proficiency, and personal biases. Competitions are not always a true representation of the dance world and the opinions of the judges are just that, opinions.*

### Is Competition For Everyone?

*Absolutely **NOT**, competitions are becoming increasingly competitive as the skill level of dancers continues to grow. The dance world has exploded over the past few years and dance training has become more rigorous and demanding in order for students to achieve the required level of skills to be successful in the competitive environment. Many studios require students to audition for competitive teams and only allow the highest calibre of dancers the opportunity to compete, thus making competitions highly competitive events. At Panorama Dance we have believe in a more inclusive wholesome approach to dance and do not run an audition process for dancers wanting to compete. However, dancers who do not take the art seriously, are not willing to practice independently or do not cope well in stressful environments should not participate in competitions.*

### Who Can Register For Competition?

*Typically students must be recommended by the teacher to participate in competition. If you are wishing to participate but have not been recommended by a teacher please discuss with the office to determine your eligibility and best fit. Studio Director approval is required for all competitive dancers.*

#### Competition Training Requirements By Dance Genre

Group Solo/Duo/Trio	Dance Genre	Minimum Training Requirements by Style	Minimum Training Requirements by Hours of Dance
Group	Ballet	Ballet	2 hours/week
Group	Lyrical or Jazz	Ballet PLUS Lyrical or Jazz	3 hours/week
Group	Hip Hop	Hip Hop	1 hour/week
Solo/Duo/Trio	Ballet	Ballet	2 hours/week
Solo/Duo/Trio	Lyrical / Jazz / Contemporary	Ballet PLUS Lyrical / Jazz / Contemporary	2.5 hours/week Juniors 3.5 hours/week Intermediate 4.5 hours/week Senior
Solo/Duo/Trio	Stage	Ballet and/or Stage and/or Jazz and by teacher approval	As above
Solo/Duo/Trio	Tap	Tap and one other form of dance	As above
Solo/Duo/Trio	Hip Hop	Hip Hop	1 hour/week

### Is There a Limit To the Number of Competitive Dances I Can Do?

*Yes, it is recommended that students do no more than 3 solos/duo/trio. There are circumstances where students may be able to handle the increased demand required for the preparation in competition and a further dance may be entered. Please consult with the studio regarding your individual circumstances.*

***Note: solo/duo/trio in the genre of ballet/lyrical/jazz/contemporary students must be participating in at least one competitive studio group.***

**NOTE: All competitive dancers are required to purchase a Panorama School of Dance jacket that must be worn to all competitive events.**